

कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class-10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 10

मार्च 2023
March 2023

क्रम संख्या Si. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time							
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8
बुधवार, 1 मार्च 2023 Wednesday, 1 March 2023											
1	हिंदी	हिंदी : पाठ-5: सूर्यकान्त त्रिपाठी 'निराला'	हिंदी	12:00 AM	3:01 AM	6:03 AM	9:05 AM	12:07 PM	3:09 PM	6:11 PM	9:13 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	हिंदी	12:29 AM	3:31 AM	6:33 AM	9:35 AM	12:37 PM	3:39 PM	6:41 PM	9:43 PM
3	Science	Alfred Nobel - 1	English	12:54 AM	3:55 AM	6:57 AM	9:59 AM	1:01 PM	4:03 PM	7:05 PM	10:07 PM
4	गणित	गणित: पाठ-5: समान्तर श्रेणियाँ -1	हिंदी	1:02 AM	4:04 AM	7:06 AM	10:08 AM	1:10 PM	4:12 PM	7:14 PM	10:16 PM
5	Language (English)	English: Chp-7: A Baker from Goa	हिंदी	1:36 AM	4:38 AM	7:40 AM	10:42 AM	1:44 PM	4:46 PM	7:48 PM	10:49 PM
6	Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 1	English	2:03 AM	5:05 AM	8:07 AM	11:09 AM	2:11 PM	5:13 PM	8:15 PM	11:16 PM
7	Science	Science: Chap 6: Life Processes -1	English	2:36 AM	5:38 AM	8:40 AM	11:42 AM	2:44 PM	5:46 PM	8:48 PM	11:50 PM
बृहस्पतिवार, 2 मार्च 2023 Thursday, 2 March 2023											
1	हिंदी	हिंदी : पाठ-6: नागार्जुन	हिंदी	12:00 AM	3:00 AM	6:01 AM	9:02 AM	12:02 PM	3:03 PM	6:04 PM	9:05 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:35 AM	3:36 AM	6:36 AM	9:37 AM	12:38 PM	3:39 PM	6:39 PM	9:40 PM
3	गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -2	हिंदी	12:57 AM	3:58 AM	6:59 AM	10:00 AM	1:00 PM	4:01 PM	7:02 PM	10:02 PM
4	Language (English)	English: Chap 7: The Necklace	English	1:31 AM	4:32 AM	7:32 AM	10:33 AM	1:34 PM	4:34 PM	7:35 PM	10:36 PM
5	Social Science (History)	S.Sc. (His): Chapter 3: The Making of a Global World- 2	English	2:03 AM	5:04 AM	8:05 AM	11:05 AM	2:06 PM	5:07 PM	8:08 PM	11:08 PM
6	Science	Science: Chap 6: Life Processes -2	English	2:35 AM	5:36 AM	8:37 AM	11:37 AM	2:38 PM	5:39 PM	8:40 PM	11:40 PM
शुक्रवार, 3 मार्च 2023 Friday, 3 March 2023											
1	संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-1	संस्कृत	12:00 AM	3:01 AM	6:02 AM	9:03 AM	12:04 PM	3:06 PM	6:07 PM	9:08 PM



2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-1	हिंदी	12:36 AM	3:37 AM	6:38 AM	9:40 AM	12:41 PM	3:42 PM	6:43 PM	9:45 PM
3	गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -3	हिंदी	1:00 AM	4:01 AM	7:02 AM	10:03 AM	1:05 PM	4:06 PM	7:07 PM	10:08 PM
4	General (Science)	Floating Ball	English	1:27 AM	4:28 AM	7:30 AM	10:31 AM	1:32 PM	4:33 PM	7:35 PM	10:36 PM
5	Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-1	English	1:28 AM	4:30 AM	7:31 AM	10:32 AM	1:33 PM	4:34 PM	7:36 PM	10:37 PM
6	Cultural Heritage: Art, Music & Dance	Bharatanatyam : An Introduction -2 (by Ms. Anjana Rajan)	हिंदी	1:44 AM	4:46 AM	7:47 AM	10:48 AM	1:49 PM	4:50 PM	7:52 PM	10:53 PM
7	Mathematics	Maths: Chapter- 6 Triangles- 1	English	1:56 AM	4:58 AM	7:59 AM	11:00 AM	2:01 PM	5:03 PM	8:04 PM	11:05 PM
8	Science	Science: Chap 6: Life Processes -4	English	2:14 AM	5:15 AM	8:16 AM	11:17 AM	2:18 PM	5:20 PM	8:21 PM	11:22 PM

शनिवार, 4 मार्च 2023
Saturday, 4 March 2023

1	संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-2	संस्कृत	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:59 PM	5:59 PM	8:59 PM
2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-2	हिंदी	12:29 AM	3:29 AM	6:29 AM	9:29 AM	12:29 PM	3:29 PM	6:29 PM	9:29 PM
3	गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -4	हिंदी	12:58 AM	3:58 AM	6:58 AM	9:58 AM	12:58 PM	3:58 PM	6:58 PM	9:58 PM
4	Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-2	English	1:27 AM	4:27 AM	7:27 AM	10:27 AM	1:27 PM	4:27 PM	7:27 PM	10:27 PM
5	Mathematics	Maths: Chapter- 6 Triangles- 2	English	1:51 AM	4:51 AM	7:51 AM	10:51 AM	1:51 PM	4:51 PM	7:51 PM	10:51 PM
6	Science	Science: Chap 6: Life Processes	English	2:19 AM	5:19 AM	8:19 AM	11:19 AM	2:19 PM	5:19 PM	8:19 PM	11:19 PM

रविवार, 5 मार्च 2023
Sunday, 5 March 2023

1	Language (Urdu)	Urdu: Chp-3: Bheek	urdu	12:00 AM	3:01 AM	6:02 AM	9:03 AM	12:04 PM	3:06 PM	6:07 PM	9:08 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	हिंदी	12:33 AM	3:34 AM	6:36 AM	9:37 AM	12:38 PM	3:39 PM	6:40 PM	9:42 PM
3	सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	हिंदी	1:05 AM	4:06 AM	7:08 AM	10:09 AM	1:10 PM	4:11 PM	7:12 PM	10:14 PM
4	विज्ञान	विज्ञान: पाठ-6: जैव प्रक्रम-1	हिंदी	1:13 AM	4:14 AM	7:15 AM	10:16 AM	1:17 PM	4:19 PM	7:20 PM	10:21 PM
5	Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	1:34 AM	4:36 AM	7:37 AM	10:38 AM	1:39 PM	4:40 PM	7:42 PM	10:43 PM



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6	Social Science (Economics)	S.Sc (Eco): Chp 4: Globalisation and the Indian Economy-1	English	1:49 AM	4:50 AM	7:51 AM	10:52 AM	1:53 PM	4:55 PM	7:56 PM	10:57 PM
7	Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	2:13 AM	5:14 AM	8:15 AM	11:16 AM	2:18 PM	5:19 PM	8:20 PM	11:21 PM
8	Cultural Heritage: Art, Music & Dance	B.R. Ambedkar- As An Educator	English	2:33 AM	5:34 AM	8:35 AM	11:36 AM	2:37 PM	5:39 PM	8:40 PM	11:41 PM

सोमवार, 6 मार्च 2023
Monday, 6 March 2023

1	हिन्दी	पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल"	हिन्दी	12:00 AM	2:59 AM	5:59 AM	8:58 AM	11:58 AM	2:58 PM	5:57 PM	8:57 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	हिन्दी	12:25 AM	3:24 AM	6:24 AM	9:24 AM	12:23 PM	3:23 PM	6:22 PM	9:22 PM
3	Science	Alfred Nobel - 2	English	12:49 AM	3:49 AM	6:48 AM	9:48 AM	12:48 PM	3:47 PM	6:47 PM	9:46 PM
4	विज्ञान	विज्ञान:पाठ-6: जैव प्रक्रम-2	हिन्दी	1:02 AM	4:02 AM	7:01 AM	10:01 AM	1:00 PM	4:00 PM	7:00 PM	9:59 PM
5	Language (English)	English: Chp-8:Mijbil the Otter	English	1:26 AM	4:26 AM	7:25 AM	10:25 AM	1:24 PM	4:24 PM	7:24 PM	10:23 PM
6	Cultural Heritage: Art, Music & Dance	NRP and Folk Dance: Mizoram	regional	1:58 AM	4:58 AM	7:58 AM	10:57 AM	1:57 PM	4:56 PM	7:56 PM	10:56 PM
7	Mathematics	Maths: Chapter- 6 Triangles- 3	English	2:07 AM	5:07 AM	8:06 AM	11:06 AM	2:05 PM	5:05 PM	8:05 PM	11:04 PM
8	Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	2:37 AM	5:37 AM	8:36 AM	11:36 AM	2:35 PM	5:35 PM	8:35 PM	11:34 PM

मंगलवार, 7 मार्च 2023
Tuesday, 7 March 2023

1	हिन्दी	पाठ-5: कवि और कविता : कवि सुमित्रानंदन पंत: और उनकी कविता "पर्वत प्रदेश मे पावस "	हिन्दी	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:59 PM	5:59 PM	8:59 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:39 AM	3:39 AM	6:38 AM	9:38 AM	12:38 PM	3:38 PM	6:38 PM	9:38 PM
3	विज्ञान	विज्ञान: पाठ-6: जैव प्रक्रम	हिन्दी	1:06 AM	4:06 AM	7:06 AM	10:06 AM	1:06 PM	4:06 PM	7:05 PM	10:05 PM
4	Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	1:41 AM	4:41 AM	7:41 AM	10:41 AM	1:41 PM	4:41 PM	7:40 PM	10:40 PM
5	Mathematics	Maths: Chapter- 6 Triangles- 4	English	2:13 AM	5:13 AM	8:13 AM	11:13 AM	2:13 PM	5:13 PM	8:13 PM	11:13 PM
6	Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	2:38 AM	5:38 AM	8:38 AM	11:38 AM	2:38 PM	5:38 PM	8:38 PM	11:38 PM



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बुधवार, 8 मार्च 2023
Wednesday, 8 March 2023

1	हिंदी	हिंदी : पाठ-6: अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाज़ली	हिंदी	12:00 AM	2:56 AM	5:53 AM	8:50 AM	11:47 AM	2:44 PM	5:41 PM	8:38 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन	हिंदी	12:23 AM	3:20 AM	6:17 AM	9:14 AM	12:11 PM	3:08 PM	6:05 PM	9:01 PM
3	गणित	गणित: पाठ-5: समान्तर श्रेणियाँ	हिंदी	12:49 AM	3:46 AM	6:43 AM	9:40 AM	12:37 PM	3:34 PM	6:31 PM	9:28 PM
4	Language (English)	English: Chap 9: Bholi-1	English	1:12 AM	4:09 AM	7:06 AM	10:03 AM	1:00 PM	3:57 PM	6:54 PM	9:51 PM
5	Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 3	English	1:39 AM	4:36 AM	7:33 AM	10:30 AM	1:27 PM	4:24 PM	7:21 PM	10:18 PM
6	Science	Science: Chapter 6: Human Respiratory System	English	2:07 AM	5:04 AM	8:01 AM	10:58 AM	1:55 PM	4:52 PM	7:49 PM	10:46 PM

बृहस्पतिवार, 9 मार्च 2023
Thursday, 9 March 2023

1	हिंदी	हिंदी : पाठ-5: सूर्यकांत त्रिपाठी 'निराला'	हिंदी	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:59 PM	5:59 PM	8:59 PM
2	सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	हिंदी	12:43 AM	3:43 AM	6:43 AM	9:42 AM	12:42 PM	3:42 PM	6:42 PM	9:42 PM
3	गणित	गणित : पाठ-6: त्रिभुज-1	हिंदी	1:11 AM	4:10 AM	7:10 AM	10:10 AM	1:10 PM	4:10 PM	7:10 PM	10:10 PM
4	Language (English)	English: Chp-7: A Baker from Goa	हिंदी	1:42 AM	4:42 AM	7:42 AM	10:42 AM	1:42 PM	4:41 PM	7:41 PM	10:41 PM
5	Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	2:14 AM	5:14 AM	8:14 AM	11:13 AM	2:13 PM	5:13 PM	8:13 PM	11:13 PM
6	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Vocal Music- Classical(Girl): Maharashtra	Multilingual	2:36 AM	5:36 AM	8:36 AM	11:36 AM	2:36 PM	5:36 PM	8:36 PM	11:36 PM
7	Science	Science: Chapter 6:Haemodialysis	English	2:45 AM	5:44 AM	8:44 AM	11:44 AM	2:44 PM	5:44 PM	8:44 PM	11:44 PM

शुक्रवार, 10 मार्च 2023
Friday, 10 March 2023

1	संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-3	संस्कृत	12:00 AM	3:00 AM	6:01 AM	9:02 AM	12:02 PM	3:03 PM	6:04 PM	9:04 PM
2	सामाजिक वि. (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-7: लोकतंत्र के परिणाम-3	हिंदी	12:27 AM	3:28 AM	6:29 AM	9:29 AM	12:30 PM	3:31 PM	6:31 PM	9:32 PM
3	Science	Alfred Nobel - 2	English	12:53 AM	3:53 AM	6:54 AM	9:55 AM	12:55 PM	3:56 PM	6:57 PM	9:57 PM
4	गणित	गणित : पाठ-6: त्रिभुज-2	हिंदी	1:06 AM	4:06 AM	7:07 AM	10:08 AM	1:08 PM	4:09 PM	7:10 PM	10:10 PM



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6	Social Science (Geography)	S.Sc. (Geo): Chap 5: Minerals And Energy Resources-1	English	1:45 AM	4:45 AM	7:46 AM	10:47 AM	1:47 PM	4:48 PM	7:49 PM	10:49 PM
6	Mathematics	Maths: Chapter- 6 Triangles- 5	English	2:12 AM	5:13 AM	8:14 AM	11:14 AM	2:15 PM	5:16 PM	8:16 PM	11:17 PM
7	Science	Science: Chapter 6: The human alimentary canal (Digestive System)	English	2:47 AM	5:47 AM	8:48 AM	11:49 AM	2:49 PM	5:50 PM	8:51 PM	11:51 PM

शनिवार, 11 मार्च 2023
Saturday, 11 March 2023

1	संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-1	संस्कृत	12:00 AM	3:00 AM	6:01 AM	9:01 AM	12:02 PM	3:02 PM	6:03 PM	9:03 PM
2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान): पाठ-7: लोकतंत्र के परिणाम	हिंदी	12:31 AM	3:31 AM	6:32 AM	9:32 AM	12:33 PM	3:33 PM	6:34 PM	9:34 PM
3	Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	1:02 AM	4:03 AM	7:03 AM	10:04 AM	1:04 PM	4:05 PM	7:05 PM	10:06 PM
4	गणित	गणित : पाठ-6: त्रिभुज-3	हिंदी	1:06 AM	4:06 AM	7:07 AM	10:07 AM	1:08 PM	4:08 PM	7:09 PM	10:09 PM
5	Social Science (Geography)	So. Sci. (Geo):Chap 6: Manufacturing Industries -1	English	1:50 AM	4:51 AM	7:51 AM	10:52 AM	1:52 PM	4:53 PM	7:53 PM	10:54 PM
6	Mathematics	Maths: Chapter- 6: Triangles	English	2:18 AM	5:18 AM	8:19 AM	11:19 AM	2:20 PM	5:20 PM	8:21 PM	11:21 PM
7	Science	Science: Chapter 6: Transpiration	English	2:52 AM	5:52 AM	8:53 AM	11:53 AM	2:54 PM	5:54 PM	8:55 PM	11:55 PM

रविवार, 12 मार्च 2023
Sunday, 12 March 2023

1	Language (Urdu)	Urdu: Chp-4: Sir Sayyad Ka Bachpan	urdu	12:00 AM	3:00 AM	6:01 AM	9:02 AM	12:03 PM	3:04 PM	6:04 PM	9:05 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-1	हिंदी	12:29 AM	3:30 AM	6:30 AM	9:31 AM	12:32 PM	3:33 PM	6:34 PM	9:34 PM
3	विज्ञान	विज्ञान: पाठ-6: मानव हृदय की संरचना एवं कार्यप्रणाली	हिंदी	12:59 AM	4:00 AM	7:01 AM	10:02 AM	1:02 PM	4:03 PM	7:04 PM	10:05 PM
4	Social Science (Economics)	S.Sc (Eco): Chp 4: Globalisation and the Indian Economy-2	English	1:06 AM	4:07 AM	7:08 AM	10:09 AM	1:10 PM	4:10 PM	7:11 PM	10:12 PM
5	Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste	English	1:36 AM	4:37 AM	7:38 AM	10:39 AM	1:39 PM	4:40 PM	7:41 PM	10:42 PM
6	Cultural Heritage: Art, Music & Dance	Gender and Culture-2	हिंदी	1:58 AM	4:58 AM	7:59 AM	11:00 AM	2:01 PM	5:02 PM	8:03 PM	11:03 PM

सोमवार, 13 मार्च 2023
Monday, 13 March 2023

1	हिंदी	हिंदी : पाठ-6: नागार्जुन	हिंदी	12:00 AM	3:00 AM	6:01 AM	9:02 AM	12:03 PM	3:03 PM	6:04 PM	9:05 PM
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2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन	हिंदी	12:35 AM	3:36 AM	6:37 AM	9:37 AM	12:38 PM	3:39 PM	6:40 PM	9:40 PM
3	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Dance Competition: - Dance Folk(Girl) : Maharashtra	Multilingual	1:01 AM	4:02 AM	7:03 AM	10:04 AM	1:04 PM	4:05 PM	7:06 PM	10:07 PM
4	विज्ञान	विज्ञान: पाठ-6:मानव पाचन तंत्र	हिंदी	1:05 AM	4:06 AM	7:07 AM	10:08 AM	1:08 PM	4:09 PM	7:10 PM	10:11 PM
5	Language (English)	English: Chap 7: The Necklace	English	1:16 AM	4:17 AM	7:18 AM	10:19 AM	1:19 PM	4:20 PM	7:21 PM	10:22 PM
6	Mathematics	Maths: Chap 7: Coordinate Geometry-1	English	1:54 AM	4:55 AM	7:55 AM	10:56 AM	1:57 PM	4:58 PM	7:58 PM	10:59 PM
7	Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	2:21 AM	5:22 AM	8:22 AM	11:23 AM	2:24 PM	5:25 PM	8:26 PM	11:26 PM

मंगलवार, 14 मार्च 2023
Tuesday, 14 March 2023

1	हिन्दी	पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल"	हिन्दी	12:00 AM	3:00 AM	6:00 AM	9:00 AM	12:00 PM	3:01 PM	6:01 PM	9:01 PM
2	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Dance Competition: Boys Andaman and Nicobar ISLANDS	English	12:32 AM	3:32 AM	6:32 AM	9:32 AM	12:33 PM	3:33 PM	6:33 PM	9:33 PM
3	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-1	हिंदी	12:37 AM	3:37 AM	6:37 AM	9:37 AM	12:38 PM	3:38 PM	6:38 PM	9:38 PM
4	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Chhattisgarh	Multilingual	1:00 AM	4:01 AM	7:01 AM	10:01 AM	1:01 PM	4:01 PM	7:02 PM	10:02 PM
5	विज्ञान	विज्ञान: पाठ-6:प्रकाश संश्लेषण के लिए कार्बन डाइऑक्साइड की आवश्यकता को प्रदर्शित करना	हिंदी	1:06 AM	4:06 AM	7:06 AM	10:06 AM	1:06 PM	4:07 PM	7:07 PM	10:07 PM
6	Language (English)	English: Chp-8:Mjbil the Otter	English	1:22 AM	4:22 AM	7:22 AM	10:23 AM	1:23 PM	4:23 PM	7:23 PM	10:23 PM
7	Mathematics	Maths: Chap 7: Coordinate Geometry-2	English	1:54 AM	4:55 AM	7:55 AM	10:55 AM	1:55 PM	4:55 PM	7:56 PM	10:56 PM
8	Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	2:32 AM	5:33 AM	8:33 AM	11:33 AM	2:33 PM	5:33 PM	8:34 PM	11:34 PM

बुधवार, 15 मार्च 2023
Wednesday, 15 March 2023

1	हिन्दी	पाठ-5: कवि और कविता : कवि सुमित्रानंदन पंत: और	हिन्दी	12:00 AM	2:59 AM	5:58 AM	8:57 AM	11:56 AM	2:55 PM	5:54 PM	8:53 PM
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		उनकी कविता "पर्वत प्रदेश मे पावस "									
2	सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	हिंदी	12:40 AM	3:39 AM	6:38 AM	9:37 AM	12:36 PM	3:35 PM	6:34 PM	9:33 PM
3	गणित	गणित : पाठ-6: त्रिभुज-4	हिंदी	1:05 AM	4:04 AM	7:03 AM	10:02 AM	1:01 PM	4:00 PM	6:59 PM	9:58 PM
4	Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	1:44 AM	4:43 AM	7:42 AM	10:41 AM	1:40 PM	4:39 PM	7:38 PM	10:37 PM
5	Social Science (History)	So. Sci. (His):Chp 5: Print Culture and the Modern World-2	English	2:17 AM	5:16 AM	8:15 AM	11:14 AM	2:13 PM	5:12 PM	8:11 PM	11:10 PM
6	Science	Science: Chp 6: Respiration in Living Organism	English	2:45 AM	5:44 AM	8:43 AM	11:42 AM	2:41 PM	5:40 PM	8:39 PM	11:38 PM

बुधस्पतिवार, 16 मार्च 2023
Thursday, 16 March 2023

1	हिंदी	हिंदी : पाठ-6: अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाज़ली	हिंदी	12:00 AM	2:59 AM	5:58 AM	8:58 AM	11:57 AM	2:57 PM	5:56 PM	8:56 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	हिंदी	12:34 AM	3:33 AM	6:32 AM	9:32 AM	12:31 PM	3:31 PM	6:30 PM	9:30 PM
3	गणित	गणित: पाठ-6: त्रिभुज	हिंदी	12:58 AM	3:57 AM	6:56 AM	9:56 AM	12:55 PM	3:55 PM	6:54 PM	9:54 PM
4	Language (English)	English: Chap 9: Bholi-1	English	1:44 AM	4:44 AM	7:43 AM	10:43 AM	1:42 PM	4:42 PM	7:41 PM	10:40 PM
5	Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World	English	2:19 AM	5:19 AM	8:18 AM	11:18 AM	2:17 PM	5:16 PM	8:16 PM	11:15 PM
6	Science	Science: Chp 6: Human Digestive Systems	English	2:48 AM	5:47 AM	8:46 AM	11:46 AM	2:45 PM	5:45 PM	8:44 PM	11:44 PM

शुक्रवार, 17 मार्च 2023
Friday, 17 March 2023

1	संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-2	संस्कृत	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:58 PM	5:58 PM	8:58 PM
2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान):पाठ-7: लोकतंत्र के परिणाम-1	हिंदी	12:46 AM	3:45 AM	6:45 AM	9:45 AM	12:45 PM	3:44 PM	6:44 PM	9:44 PM
3	गणित	गणित: पाठ-6: क्रियाकलाप - पाइथागोरस प्रमेय का सत्यापन करना	हिंदी	1:24 AM	4:24 AM	7:23 AM	10:23 AM	1:23 PM	4:23 PM	7:22 PM	10:22 PM
4	Social Science (Geography)	So. Sci. (Geo):Chap 6: Manufacturing Industries -2	English	1:42 AM	4:42 AM	7:41 AM	10:41 AM	1:41 PM	4:41 PM	7:40 PM	10:40 PM
5	Mathematics	Maths: Chap 7: Coordinate Geometry-4	English	2:11 AM	5:10 AM	8:10 AM	11:10 AM	2:10 PM	5:09 PM	8:09 PM	11:09 PM



6	Science	Science: Chap 6: Demonstration of Stomata on a Leaf Peel	English	2:51 AM	5:51 AM	8:51 AM	11:50 AM	2:50 PM	5:50 PM	8:50 PM	11:49 PM
शनिवार, 18 मार्च 2023 Saturday, 18 March 2023											
1	संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-1	संस्कृत	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:59 PM	5:59 PM	8:59 PM
2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान):पाठ-7: लोकतंत्र के परिणाम-2	हिंदी	12:26 AM	3:26 AM	6:26 AM	9:26 AM	12:26 PM	3:26 PM	6:26 PM	9:26 PM
3	गणित	गणित: पाठ-5: समान्तर श्रेणियाँ -1	हिंदी	1:04 AM	4:04 AM	7:04 AM	10:04 AM	1:04 PM	4:04 PM	7:04 PM	10:04 PM
4	Social Science (Geography)	Soc. Sc. (Geo): Chap 6: Manufacturing Industries	English	1:41 AM	4:40 AM	7:40 AM	10:40 AM	1:40 PM	4:40 PM	7:40 PM	10:40 PM
5	Mathematics	Maths: Chap 7: Coordinate Geometry	English	2:24 AM	5:24 AM	8:24 AM	11:24 AM	2:24 PM	5:24 PM	8:24 PM	11:24 PM
6	Science	Science: Chap 6: Importance of Light in Photosynthesis	English	2:51 AM	5:51 AM	8:51 AM	11:51 AM	2:51 PM	5:51 PM	8:51 PM	11:51 PM
रविवार, 19 मार्च 2023 Sunday, 19 March 2023											
1	Language (Urdu)	Urdu: Chp-3: Bheek	urdu	12:00 AM	3:01 AM	6:02 AM	9:03 AM	12:04 PM	3:05 PM	6:07 PM	9:08 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	हिंदी	12:32 AM	3:34 AM	6:35 AM	9:36 AM	12:37 PM	3:38 PM	6:39 PM	9:41 PM
3	विज्ञान	विज्ञान: पाठ-6: प्राणियों में रेखित पेशियाँ रेशे और तंत्रिका रेशे का अध्ययन	हिंदी	12:56 AM	3:58 AM	6:59 AM	10:00 AM	1:01 PM	4:02 PM	7:03 PM	10:05 PM
4	Social Science (Economics)	S.Sc (Eco): Chp 4: Globalisation and the Indian Economy-3	English	1:24 AM	4:25 AM	7:26 AM	10:27 AM	1:28 PM	4:29 PM	7:31 PM	10:32 PM
5	Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	1:57 AM	4:58 AM	7:59 AM	11:00 AM	2:01 PM	5:03 PM	8:04 PM	11:05 PM
6	Cultural Heritage: Art, Music & Dance	Didi Nirmala	English	2:18 AM	5:19 AM	8:20 AM	11:21 AM	2:22 PM	5:24 PM	8:25 PM	11:26 PM
सोमवार, 20 मार्च 2023 Monday, 20 March 2023											
1	हिंदी	हिंदी : पाठ-5: सूर्यकांत त्रिपाठी 'निराला'	हिंदी	12:00 AM	2:59 AM	5:58 AM	8:57 AM	11:57 AM	2:56 PM	5:55 PM	8:54 PM
2	Science	Alfred Nobel - 1	English	12:36 AM	3:35 AM	6:35 AM	9:34 AM	12:33 PM	3:32 PM	6:32 PM	9:31 PM
3	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-2	हिंदी	12:45 AM	3:44 AM	6:43 AM	9:42 AM	12:42 PM	3:41 PM	6:40 PM	9:39 PM



4	विज्ञान	विज्ञान: पाठ-6: सफ़ेद रक्त कोशिकाओं का अध्ययन	हिंदी	1:24 AM	4:23 AM	7:23 AM	10:22 AM	1:21 PM	4:20 PM	7:20 PM	10:19 PM
5	General (Science)	Stop the disc	English	1:28 AM	4:27 AM	7:27 AM	10:26 AM	1:25 PM	4:25 PM	7:24 PM	10:23 PM
6	Language (English)	English: Chp-7: A Baker from Goa	हिंदी	1:29 AM	4:29 AM	7:28 AM	10:27 AM	1:26 PM	4:26 PM	7:25 PM	10:24 PM
7	Mathematics	Maths: Chap 7: Coordinate Geometry-2	English	1:54 AM	4:53 AM	7:52 AM	10:51 AM	1:51 PM	4:50 PM	7:49 PM	10:49 PM
8	Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	2:34 AM	5:34 AM	8:33 AM	11:32 AM	2:31 PM	5:31 PM	8:30 PM	11:29 PM

मंगलवार, 21 मार्च 2023
Tuesday, 21 March 2023

1	हिंदी	हिंदी : पाठ-6: नागार्जुन	हिंदी	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:58 AM	2:58 PM	5:58 PM	8:57 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-3	हिंदी	12:35 AM	3:35 AM	6:34 AM	9:34 AM	12:34 PM	3:33 PM	6:33 PM	9:33 PM
3	विज्ञान	विज्ञान: पाठ-6: रक्त समूह परीक्षण	हिंदी	1:01 AM	4:01 AM	7:01 AM	10:01 AM	1:00 PM	4:00 PM	7:00 PM	9:59 PM
4	Mathematics	Maths: Chapter- 6 Triangles- 1	English	2:01 AM	5:00 AM	8:00 AM	11:00 AM	1:59 PM	4:59 PM	7:59 PM	10:59 PM
5	Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	2:16 AM	5:16 AM	8:15 AM	11:15 AM	2:15 PM	5:14 PM	8:14 PM	11:14 PM

बुधवार, 22 मार्च 2023
Wednesday, 22 March 2023

1	हिन्दी	पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल"	हिन्दी	12:00 AM	2:59 AM	5:59 AM	8:58 AM	11:58 AM	2:57 PM	5:57 PM	8:56 PM
2	General (Science)	Aromatic Perfumes	English	12:32 AM	3:31 AM	6:31 AM	9:30 AM	12:30 PM	3:29 PM	6:29 PM	9:29 PM
3	सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	हिंदी	12:33 AM	3:33 AM	6:32 AM	9:32 AM	12:31 PM	3:31 PM	6:30 PM	9:30 PM
4	गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -2	हिंदी	1:05 AM	4:04 AM	7:04 AM	10:03 AM	1:03 PM	4:02 PM	7:02 PM	10:01 PM
5	General (Science)	Focused Sound	English	1:34 AM	4:33 AM	7:33 AM	10:32 AM	1:32 PM	4:31 PM	7:31 PM	10:31 PM
6	Language (English)	English: Chp-8:Mijbil the Otter	English	1:35 AM	4:35 AM	7:34 AM	10:34 AM	1:33 PM	4:33 PM	7:32 PM	10:32 PM
7	Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	2:07 AM	5:07 AM	8:07 AM	11:06 AM	2:06 PM	5:05 PM	8:05 PM	11:04 PM
8	Science	Science: Chap 6: Role of Carbon dioxide During Respiration	English	2:36 AM	5:36 AM	8:35 AM	11:35 AM	2:34 PM	5:34 PM	8:33 PM	11:33 PM

बृहस्पतिवार, 23 मार्च 2023
Thursday, 23 March 2023



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1	हिन्दी	पाठ-5: कवि और कविता : कवि सुमित्रानंदन पंत: और उनकी कविता "पर्वत प्रदेश में पावस "	हिन्दी	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:59 PM	5:59 PM	8:59 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	हिंदी	12:38 AM	3:38 AM	6:38 AM	9:38 AM	12:38 PM	3:38 PM	6:38 PM	9:38 PM
3	General(Mathematics)	Cone Run Uphill	English	1:03 AM	4:02 AM	7:02 AM	10:02 AM	1:02 PM	4:02 PM	7:02 PM	10:02 PM
4	गणित	गणित : पाठ-5: सम्मान्तर श्रेणियाँ -3	हिंदी	1:04 AM	4:04 AM	7:04 AM	10:04 AM	1:04 PM	4:04 PM	7:04 PM	10:04 PM
5	Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	1:34 AM	4:34 AM	7:34 AM	10:34 AM	1:34 PM	4:34 PM	7:34 PM	10:34 PM
6	Social Science (History)	So. Sci. (His):Chp 5: Print Culture and the Modern World-2	English	2:09 AM	5:09 AM	8:09 AM	11:09 AM	2:09 PM	5:09 PM	8:09 PM	11:09 PM
7	Science	Science: Chap 6: Demonstration of Stomata on a Leaf Peel	English	2:42 AM	5:42 AM	8:42 AM	11:42 AM	2:41 PM	5:41 PM	8:41 PM	11:41 PM

शुक्रवार, 24 मार्च 2023
Friday, 24 March 2023

1	संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-2	संस्कृत	12:00 AM	3:00 AM	6:00 AM	9:00 AM	12:00 PM	3:00 PM	6:00 PM	9:00 PM
2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान): पाठ-7: लोकतंत्र के परिणाम-3	हिंदी	12:38 AM	3:39 AM	6:39 AM	9:39 AM	12:39 PM	3:39 PM	6:39 PM	9:39 PM
3	General (Science)	Colour Shadow	English	1:04 AM	4:04 AM	7:04 AM	10:04 AM	1:04 PM	4:04 PM	7:04 PM	10:04 PM

4	गणित	गणित : पाठ-5: सम्मान्तर श्रेणियाँ -4	हिंदी	1:06 AM	4:06 AM	7:06 AM	10:06 AM	1:06 PM	4:06 PM	7:06 PM	10:06 PM
5	Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-1	English	1:41 AM	4:41 AM	7:41 AM	10:41 AM	1:41 PM	4:41 PM	7:41 PM	10:41 PM
6	Mathematics	Maths: Chapter- 6 Triangles- 2	English	2:15 AM	5:15 AM	8:15 AM	11:15 AM	2:15 PM	5:15 PM	8:15 PM	11:15 PM
7	Science	Science: Chap 6: Importance of Light in Photosynthesis	English	2:50 AM	5:50 AM	8:50 AM	11:50 AM	2:50 PM	5:50 PM	8:50 PM	11:51 PM

शनिवार, 25 मार्च 2023
Saturday, 25 March 2023

1	संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-3	संस्कृत	12:00 AM	2:59 AM	5:59 AM	8:58 AM	11:58 AM	2:57 PM	5:57 PM	8:57 PM
2	General (Science)	Colour Shadow	English	12:34 AM	3:34 AM	6:33 AM	9:33 AM	12:32 PM	3:32 PM	6:32 PM	9:31 PM



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3	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-7: लोकतंत्र के परिणाम	हिंदी	12:36 AM	3:36 AM	6:35 AM	9:35 AM	12:34 PM	3:34 PM	6:34 PM	9:33 PM
4	गणित	गणित: पाठ-5: समान्तर श्रेणियाँ	हिंदी	1:13 AM	4:13 AM	7:12 AM	10:12 AM	1:11 PM	4:11 PM	7:11 PM	10:10 PM
5	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Visual Arts-2D(Girl): Kerala	Multilingual	1:37 AM	4:36 AM	7:36 AM	10:35 AM	1:35 PM	4:34 PM	7:34 PM	10:34 PM
6	Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-2	English	1:40 AM	4:40 AM	7:39 AM	10:39 AM	1:39 PM	4:38 PM	7:38 PM	10:37 PM
7	Mathematics	Maths: Chapter- 6 Triangles- 3	English	2:18 AM	5:18 AM	8:17 AM	11:17 AM	2:17 PM	5:16 PM	8:16 PM	11:15 PM
8	Science	Science: Chap 6: Role of Carbon dioxide During Respiration	English	2:48 AM	5:48 AM	8:48 AM	11:47 AM	2:47 PM	5:46 PM	8:46 PM	11:45 PM

रविवार, 26 मार्च 2023
Sunday, 26 March 2023

1	Language (Urdu)	Urdu: Chp-4: Sir Sayyad Ka Bachpan	urdu	12:00 AM	3:00 AM	6:00 AM	9:00 AM	12:00 PM	3:00 PM	6:00 PM	9:00 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-1	हिंदी	12:29 AM	3:29 AM	6:29 AM	9:29 AM	12:29 PM	3:29 PM	6:29 PM	9:29 PM
3	विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-1	हिंदी	1:02 AM	4:02 AM	7:02 AM	10:02 AM	1:02 PM	4:02 PM	7:02 PM	10:02 PM
4	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Music -Indigenous Toys and Games (Girl):Kerala	Multilingual	1:14 AM	4:14 AM	7:14 AM	10:14 AM	1:14 PM	4:14 PM	7:14 PM	10:15 PM
5	Social Science (Economics)	S.Sc. (Eco): Chp 4: Globalisation and the Indian Economy-4	English	1:23 AM	4:23 AM	7:23 AM	10:23 AM	1:23 PM	4:23 PM	7:23 PM	10:23 PM
6	Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	1:54 AM	4:54 AM	7:54 AM	10:54 AM	1:54 PM	4:54 PM	7:54 PM	10:54 PM
7	Biography	Kamala The Swadeshi Nutriindian	English	2:16 AM	5:16 AM	8:17 AM	11:17 AM	2:17 PM	5:17 PM	8:17 PM	11:17 PM
8	Cultural Heritage: Art, Music & Dance	Tie and Dye	हिंदी	2:34 AM	5:34 AM	8:34 AM	11:34 AM	2:34 PM	5:34 PM	8:34 PM	11:34 PM

सोमवार, 27 मार्च 2023
Monday, 27 March 2023

1	हिंदी	हिंदी : पाठ-6:अब कहाँ दूरसे के दुःख से दुखी होने वाले: निदा फ़ाज़ली	हिंदी	12:00 AM	3:00 AM	6:00 AM	9:01 AM	12:01 PM	3:02 PM	6:02 PM	9:03 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग	हिंदी	12:30 AM	3:31 AM	6:31 AM	9:32 AM	12:32 PM	3:33 PM	6:33 PM	9:34 PM
3	विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-2	हिंदी	12:55 AM	3:55 AM	6:56 AM	9:56 AM	12:57 PM	3:57 PM	6:58 PM	9:58 PM



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4	Cultural Heritage: Art, Music & Dance	Rock Garden	हिंदी	1:04 AM	4:04 AM	7:05 AM	10:05 AM	1:06 PM	4:06 PM	7:07 PM	10:07 PM
5	Language (English)	English: Chap 9: Bholi-1	English	1:15 AM	4:16 AM	7:16 AM	10:16 AM	1:17 PM	4:17 PM	7:18 PM	10:18 PM
6	Mathematics	Maths: Chapter- 6 Triangles- 4	English	1:54 AM	4:55 AM	7:55 AM	10:56 AM	1:56 PM	4:57 PM	7:57 PM	10:58 PM
7	General (Science)	Loop the loop	English	2:20 AM	5:20 AM	8:21 AM	11:21 AM	2:22 PM	5:22 PM	8:23 PM	11:23 PM
8	Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	2:21 AM	5:22 AM	8:22 AM	11:23 AM	2:23 PM	5:24 PM	8:24 PM	11:25 PM

मंगलवार, 28 मार्च 2023
Tuesday, 28 March 2023

1	हिंदी	हिंदी : पाठ-6: अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाज़ली	हिंदी	12:00 AM	3:00 AM	6:00 AM	9:00 AM	12:00 PM	3:00 PM	6:00 PM	9:00 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	हिंदी	12:31 AM	3:31 AM	6:31 AM	9:31 AM	12:31 PM	3:31 PM	6:31 PM	9:31 PM
3	General (Science)	Camouflage	English	12:56 AM	3:56 AM	6:56 AM	9:56 AM	12:56 PM	3:56 PM	6:56 PM	9:56 PM
4	विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय	हिंदी	12:57 AM	3:57 AM	6:57 AM	9:57 AM	12:57 PM	3:57 PM	6:57 PM	9:57 PM
5	Language (English)	English: Chp-7: A Baker from Goa	हिंदी	1:32 AM	4:32 AM	7:32 AM	10:33 AM	1:33 PM	4:33 PM	7:33 PM	10:33 PM
6	Mathematics	Maths: Chapter- 6 Triangles- 5	English	2:00 AM	5:00 AM	8:00 AM	11:00 AM	2:00 PM	5:00 PM	8:01 PM	11:01 PM
7	Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	2:30 AM	5:31 AM	8:31 AM	11:31 AM	2:31 PM	5:31 PM	8:31 PM	11:31 PM

बुधवार, 29 मार्च 2023
Wednesday, 29 March 2023

1	हिंदी	हिंदी : पाठ-5: सूर्यकांत त्रिपाठी 'निराला'	हिंदी	12:00 AM	2:59 AM	5:59 AM	8:59 AM	11:59 AM	2:59 PM	5:59 PM	8:59 PM
2	Cultural Heritage: Art, Music & Dance	Tere Liye Bhi - For You Too (Laghu Film)	हिंदी	12:36 AM	3:36 AM	6:36 AM	9:36 AM	12:36 PM	3:36 PM	6:36 PM	9:36 PM
3	सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:48 AM	3:48 AM	6:47 AM	9:47 AM	12:47 PM	3:47 PM	6:47 PM	9:47 PM
4	Science	Alfred Nobel - 1	English	1:10 AM	4:10 AM	7:10 AM	10:10 AM	1:10 PM	4:10 PM	7:10 PM	10:10 PM
5	गणित	गणित : पाठ-6: त्रिभुज-1	हिंदी	1:18 AM	4:18 AM	7:18 AM	10:18 AM	1:18 PM	4:18 PM	7:18 PM	10:18 PM
6	Language (English)	English: Chap 7: The Necklace	English	1:47 AM	4:47 AM	7:46 AM	10:46 AM	1:46 PM	4:46 PM	7:46 PM	10:46 PM
7	Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World	English	2:18 AM	5:18 AM	8:18 AM	11:18 AM	2:18 PM	5:18 PM	8:18 PM	11:18 PM



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8	Science	Science: Chp 6: Transportation In Plants (How does water moves from one cell to other in plants)	English	2:49 AM	5:49 AM	8:49 AM	11:49 AM	2:49 PM	5:49 PM	8:49 PM	11:49 PM
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बृहस्पतिवार, 30 मार्च 2023
Thursday, 30 March 2023

1	हिंदी	हिंदी : पाठ-6: नागार्जुन	हिंदी	12:00 AM	2:59 AM	5:58 AM	8:57 AM	11:57 AM	2:56 PM	5:55 PM	8:54 PM
2	सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन	हिंदी	12:28 AM	3:27 AM	6:27 AM	9:26 AM	12:25 PM	3:24 PM	6:24 PM	9:23 PM
3	General (Science)	Head on a Platter	English	12:54 AM	3:54 AM	6:53 AM	9:52 AM	12:52 PM	3:51 PM	6:50 PM	9:49 PM
4	गणित	गणित : पाठ-6: त्रिभुज-2	हिंदी	12:56 AM	3:55 AM	6:54 AM	9:54 AM	12:53 PM	3:52 PM	6:51 PM	9:51 PM
5	Language (English)	English: Chp-8: Mijbil the Otter	English	1:33 AM	4:32 AM	7:31 AM	10:31 AM	1:30 PM	4:29 PM	7:29 PM	10:28 PM
6	Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	2:08 AM	5:07 AM	8:06 AM	11:05 AM	2:05 PM	5:04 PM	8:03 PM	11:02 PM

7	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Visual Arts-2D(Girl): Kerala	Multilingual	2:30 AM	5:29 AM	8:29 AM	11:28 AM	2:27 PM	5:27 PM	8:26 PM	11:25 PM
8	Science	Science: Chap 6: Life Processes -1	English	2:34 AM	5:33 AM	8:32 AM	11:32 AM	2:31 PM	5:30 PM	8:29 PM	11:29 PM

शुक्रवार, 31 मार्च 2023
Friday, 31 March 2023

1	संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-1	संस्कृत	12:00 AM	2:59 AM	5:58 AM	8:57 AM	11:57 AM	2:56 PM	5:55 PM	8:55 PM
2	सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-7: लोकतंत्र के परिणाम-1	हिंदी	12:32 AM	3:31 AM	6:30 AM	9:30 AM	12:29 PM	3:28 PM	6:27 PM	9:27 PM
3	गणित	गणित : पाठ-6: त्रिभुज-3	हिंदी	12:55 AM	3:55 AM	6:54 AM	9:53 AM	12:53 PM	3:52 PM	6:51 PM	9:50 PM
4	General (Science)	Floating Ball	English	1:28 AM	4:27 AM	7:27 AM	10:26 AM	1:25 PM	4:24 PM	7:24 PM	10:23 PM
5	Social Science (Geography)	S.Sc. (Geo): Chap 5: Minerals And Energy Resources-1	English	1:29 AM	4:28 AM	7:28 AM	10:27 AM	1:26 PM	4:26 PM	7:25 PM	10:24 PM
6	Mathematics	Maths: Chapter- 6: Triangles	English	2:04 AM	5:03 AM	8:03 AM	11:02 AM	2:01 PM	5:01 PM	8:00 PM	10:59 PM
7	Science	Science: Chap 6: Life Processes -2	English	2:34 AM	5:33 AM	8:32 AM	11:32 AM	2:31 PM	5:30 PM	8:30 PM	11:29 PM

